



Influence of Principals' Inspirational Influence on Students' Performance at Kenya Certificate of Secondary Education in Public Secondary Schools, Makueni County

Judith M. Musyoki¹, Ursulla A. Okoth², Jeremiah M. Kalai³, Joshua A. Okumbe⁴

Correspondent Author: Judith M. Musyoka

Email :judithmusyoki72@gmail.com

¹Doctoral Candidate in Educational Administration,
Department of Educational Administration
University of Nairobi, Kenya

²**Ursulla A. Okoth PhD**

Associate Professor,
Department of Educational Administration and Planning,
University of Nairobi, Kenya

³**Jeremiah M. Kala PhD**

Associate Professor,
Department of Educational Administration and Planning,
University of Nairobi, Kenya

⁴**Joshua A. Okumbe PhD**

Senior Lecturer
Department of Educational Administration and Planning,
University of Nairobi, Kenya

How to cite:

Musyoki, J., Okoth, U., Kalai, J., & Okumbe, J. (2021). Influence of Principals' Intellectual Stimulation on Students' Performance in the Kenya Certificate of Secondary Education in Public Secondary Schools, Kenya. *Msingi Journal*, 5(1), 55-69. <https://doi.org/10.33886/mj.v5i1.232>

Accepted February 2021

Published November 2021

Abstract

Transformational leadership is an ideal characteristic which enables the principals to engage with followers and raise consciousness about the significance of specific outcomes and new ways in which those outcomes might be achieved. The purpose of this study was to investigate the influence of principals' intellectual stimulation on student academic performance in Kenya Certificate Secondary Examination (K.C.S.E) in

Makueni County, Kenya. The objective that guided the study was to: assess how the principals' intellectual stimulation influences students results at Kenya Certificate of Secondary Education, with the hypothesis that there is no relationship between principals' intellectual stimulation and students' mean scores at Kenya Certificate of Secondary Education Makueni County, Kenya. The study used Transformational Leadership Theory by Burns (1978) which has four dimensions namely idealized influence, inspirational motivation, intellectual stimulation and individual consideration; all of which are critical in determining academic achievement. The conceptual framework of this study is based on the relationship between the principal transformational qualities with academic performance. The sample comprised 111 principals, 729 teachers and 12 Ministry of Education officials drawn from 388 secondary schools. Questionnaires and interview guide were used to collect data. Validation of the questionnaires were through test re-test method and use of expert judgment. The coefficient value was 0.85 at alpha = 0.05. Data was analyzed using both descriptive Pearson's correlation coefficient that test showed a strong correlation for Intellectual stimulation and KCSE students' mean scores. The result indicated a negative and strong correlation between intellection stimulation and students' KCSE performance ($r=-.195$, $p\text{-value}<0.05$) respectively. It was concluded that principals collective sense of mission and valuing ideas of the followers increased performance The following recommendations were made: KEMI to carry out transformational leadership seminars for the principals on intellectual practices. The Ministry of Education Policy makers should establish policies on transformational leadership. Teacher trainers especially the universities ought to review curriculum to include analysis of school managers and also have simulated situations.

Key words: Intellectual stimulation, Transformational, Leadership and Students' Academic Performance

1. Introduction

Transformational leadership and academic performance in secondary schools are two aspects that are crucial. The kind of leadership skills applied by the principal to the followers determines the performance. For instance, principals' leadership influence students' performance so that growth and development can be realized (Ndiritu, 2012). This leadership attracts positive effects on the follower's performance in the organization (Gardner, 2010). The findings by Saxe (2011) are consistent with Muia (2018) that schools need reforms through transformational dimensions to sustain achievement. Therefore, the principal transformational leadership dimensions' and academic performance are inseparable. "As its name implies, transformational leadership plays a pivotal role in precipitating change (Northouse, 2016). Therefore, a school principal as the leader should be in a position to adjust goals, direction and mission for practical reasons. Moreover, becoming more effective in adopting intellectual stimulation behaviour changes the whole scenario of performance in the school (Veysel, 2014).

Intellectual stimulation is a component of transformational leadership which encourages followers to ask questions trigger their values as well as beliefs (Elkins, Keller and Sundi 2013). Organizations achieve their goals successfully through the followers' hard work, dedication, and a culture of active thinking (Anjali & Anand, 2015). These qualifications allow the followers to become more active thus improve ways of solving problems (Tims, Bakker, and Xanthopoulou, 2011). This component involves the principals' high expectations from the followers in terms of performance. Intellection stimulation is a good practice for KCSE since it has a relationship with the principals'

transformational leadership (Muia, (2018). Positive practices by the principal which can increase performance include inspiring people to be creative when dealing with issues (Bell & Menguc, 2012; Podsakoff, MacKenzie and Bommer (2014). Intellectual leadership dimension enables the leader to encourage and provide new ways of thinking to the followers in the organization (Liu, 2013).

One way of evaluating the intellectual stimulation of principals is by analyzing their performance under the current education system from 2013-2017. Notably, all secondary school leaders regardless of the calibre of schools are pressured by accountability for better results. Table 1 shows KCSE performance 2013 to 2017.

Table 1: Analysis of Makueni, Machakos and Kitui Counties' KCSE mean score for 2013-2017

Year	National MS	Makueni MS	Machakos MS	Kitui MS
2013	5.04	5.04	4.56	4.21
2014	5.30	5.16	4.79	5.07
2015	5.15	5.07	4.72	5.67
2016	5.30	4.78	3.42	4.10
2017	5.38	3.44	3.20	3.32

Source: (County Director of Education, Makueni County statistics section, 2017)

Makueni County schools have continued to maintain a mean score of 5 from 2013-2015 in the students' academic performance in public secondary with exception of 2016-2017 where the mean score slightly decreased. This could be attributed to a gap in the transformational leadership behaviours among public secondary school principals. Therefore, the solution to this problem can only be understood by establishing whether the practice of principals' intellectual stimulation influence student academic performance in Kenya Certificate of Secondary Education. The null hypothesis of this study was: There is no significant relationship between principals' intellectual stimulation component and students' mean score at Kenya Certificate of Secondary Education in Makueni County, Kenya.

2.0 Literature Review

Intellectual stimulation is a dimension which is used by leaders to inspire people to be creative when dealing with issues (Bell & Menguc, 2012; Podsakoff, MacKenzie and Bommer (2014). Intellectual stimulation also allows innovation among the followers (Sundi, 2013; (Griffin, Neal & Neale, 2013).). The principals who exhibit innovation and creativity in their leadership enables the students to get high marks in the examination. Intellectual stimulation of transformational leadership brings change in the school context. Intellectual leadership dimension enables the leader to encourage and provide new ways of thinking to the followers in the organization (Liu, 2013). Bellé (2013) agrees that the new ways of thinking are about their beliefs and values.

Bass & Riggio (2006) observe that leaders who have intellectual stimulation involve followers in finding answers for many problems affecting the organization hence they often challenge old ways of

doing things. Hadebe (2013) attributed intellectual stimulation as the most core element portrayed by the secondary school principals. However, the teachers felt that some of their knowledge and skills were not utilized by the principals an aspect that a transformational leader should consider in making all the followers feel important, appreciated and involved in decision making.

Muia (2018), findings show that intellectual stimulation elements positively contributed to KCSE examinations in public secondary schools. The principals' intellectual stimulation was high leading to a strong relationship toward teachers and students. This is an indication that performance was also high. Bolkan, Goodboy, and Griffin (2015) agree that when the principals who communicate this dimension change the classroom environment by motivating the students and their approaches to learning, subsequently, teachers also influence the students' intrinsic motivation by applying the dimension of intellectual stimulation thus changing the students' approaches to learning. Notably, Robinson, Lloyd and Rowe (2008) point out that intellectual stimulation attracts good academic performance in examinations. This is because the school principal uses intellectual stimulation dimension to encourage teachers to develop new ways of approaching and solving issues hence it enhances students' performance. Finally, a study by Liu (2013) postulates that this dimension helps the followers to have new ways of thinking to enable the organization grow. Similarly, Ndiritu (2012) found that poor results were as a result of ineffective practices by the school principals' and suggested further training on the principals' intellectual stimulation. This will create a good relationship between the principal and the students hence improve student academic performance in schools. Scholars believe that inspiration motivation from leaders emanates from different angles. For instance, Ahmad, Ather & Hussain (2014) argue that teachers perform a vital role in motivating learners in two ways: firstly, in their own teaching ability and secondly in their belief in the students' learning ability. As a principal, the ability to demonstrate effectiveness to lead others should be reflected in their personal efforts to establish a vibrant environment for all the followers.

Transformational leadership theory which focuses on the leader's behaviours, impacting positive change in the followers and their interests informed this study (Warrilow, 2012). The concept of transformational leadership is a reflection of Bass seminal works where transformational leadership contributed quite a number of benefits to the follower and the organization in terms of its effectiveness (Bass, 1985). Kolzow (2014), further observes that a transformational leader is a leader who engages followers by demonstrating integrity and trust. The leader's role is to transform the followers sense of purpose, vision, goals and finally model the following into a single team.

Bass (1985) puts it clearly that transformational leadership has to be grounded in moral foundations that are usually based on four components: individual consideration, intellectual stimulation, inspiration and idealized influenced. These aspects are important to the transformational leader who in turn exhibits them through the followers for the purpose of bringing about desired outcomes (Bass & Riggio, 2006). Based upon this theory, this study sought to determine the influence of principals' intellectual stimulation on student performance at Kenya Certificate of Secondary Education.



Figure 1. Source: Adopted from Mojgan et al, (2012)

3.0 Research Methodology

According to Kothari & Garg (2014), a research design arranges data analysis in a conceptualized structure in research. This study adopted correlational method which examines a significant relationship between two or more variables that were obtained through a statistical procedure (Osebgo & Ifeakor, 2011). The total number of respondents was 111 principals, 12 Ministry of Education officials and 729 teachers. The researcher used purposive approach to select all the schools' heads and MoE officials. Simple random sampling method was applied to the teachers. The data for the study was collected using two types of instruments namely: questionnaires and interview guide. O' Leary (2014) assert that a questionnaire uses survey method, while Cohen, Manion, & Morrison, (2013) assert that a questionnaire instrument collects primary data. There were two types of questionnaires: principals' and teachers. Each questionnaire contained statements relating to the influence of the principals; transformational leadership on students' academic performance.

Data analysis was based on descriptive statistics using Statistical Package for Social Sciences version 21.0. In addition, Pearson's correlation analysis and regression analysis were used to establish the relationship between the study variables. The study took place in Makueni County with Principals as the main respondents. Others were the teachers and key informants from the ministry of education at the county. A sample of 111 principals drawn from a population of 388, 729 teachers were sampled from 2121 and finally 12 respondents from the Ministry of Education participated in the study. The samples provided the data for analysis in order to determine the intellectual stimulation practice of leadership.

Cronbach's alpha was utilized to measure the degree to which the set of variables measures evaluates a specific latent construct (Andrew, Pedersen, & McEvoy, 2011). Cronbach's alpha provides a correlation between the survey item and the construct that it intends to measure. Cronbach's alpha levels above 0.7 are desirable indicating that the measured results are indeed representative of the construct being measured (Andrew et al., 2011).

4.0 Results and Discussion

4.1 Questionnaires Return Rate

The researcher sought to establish the rate of return for the questionnaires. The researcher distributed questionnaires to the principals and teachers respectively in the Makueni County. Microsoft excel sheet and SPSS 21.0 was used to analyze the results. Table 2 shows the questionnaires return rate of the principals and teachers.

Table 2: Questionnaires return rate of the principals and teachers

<i>Respondents</i>	<i>Returned</i>	<i>Not Returned</i>	<i>% return rate</i>
Principals	106	5	95.5%
Teachers	623	96	85.4%

Table 2 indicates that response rate of the principals was 95.5 percent and the teachers was 85.4 percent. This response depicted a good enough response rate reliable for representing the population under study. A study by Fryrear (2015) argues that a response rate of 80 percent and above is preferable and high enough from internally conducted surveys whereas external surveys may yield much less or higher depending on the method used. According to Mbithi (2014), this response depicted a good enough response rate reliable for representing the population under study. However, 25 items were not fully included because they had incomplete items thus a reduction of questionnaires.

4.2 Demographic information

Demographic characteristics showed that majority of the principals were female with 57.7 percent while their male counterparts were 42.3 percent. Similarly, female teachers were 63.0 percent more than the male teacher 37.0 percent. The results revealed that there was high gender disparity of the principals and teachers. The female principals and teachers' results indicate that they had know-how of the leadership practices. Concerning the age of the respondents, the principals who were between 40-49 were the majority. The findings implied that the principals maturity level of displaying transformational leadership practices was high hence improved academic performance of public secondary schools. On other hand, teachers below 30 years were the majority 44.4 percent with the highest frequency. This portrayed that many young teachers embraced the teaching profession. Academically, both the principals and the teachers had a Bachelors Degree. This implies that most of the principals and teachers were qualified in terms of leadership skills and decision making. Respondents' experience confirmed that teachers who had between 6-15 years of work experience comprised 47.8 percent of the total sampled population while the principals constituted 51.3 percent of the total sampled population. This means that principals and teachers with a lot of experience were more likely to apply transformational leadership skills. Further, majority of the principals about 58.6 percent had worked at their current positions for more than four years while majority of the teachers below 2 years had 39.5 percent indicating the large number of young people joining the teaching profession

4.3 Students' Performance in K.C.S.E. examination in Makeni County

The study also indicated that the mean score for the five years was 5.27 C-. There were 111 schools, 14 of which managed to attain a mean score of Grade C+ and above. This implied that quite a good number of students in the 14 schools joined universities. The performance was attributed to availability of facilities, lab equipment, appropriate resources and textbooks. The principals and MoE officials utilized transformational practices. 23 schools scored a mean Grade of C Plain, 55 had C- and 19 schools scored D+. Majority of the schools (55) had a mean grade above C-. The

subsequent analysis related idealized influence on academic performance.

4.4 Intellectual stimulation and academic performance

The researcher sought to find out principals' use of intellectual stimulation dimension toward students KCSE performance. Intellectual stimulation (III) has characteristics that are helpful and can be emulated by teachers and students hence improved school performance.

4.4.1 Principals Responses on The Use of Intellectual Stimulation And Academic Performance

The Principals were required to indicate the use of Intellectual stimulation and its effect on K.C.S.E performance. The objective was to assess how principals Intellectual Stimulation influences students' performance at Kenya Certificate of Secondary Education in public schools Makueni County. Table 2 shows item i to xiii measuring Intellectual stimulation influence on academic performance in public schools. A five Likert scale was used, where 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree and 5 = strongly Agree. The items represent the Intellectual stimulation leadership behaviour of the principals in Makueni country.

Table 3: Principals responses on Intellectual stimulation dimension and student performance at KCSE

<i>As a principal, I</i>	<i>SD</i>	<i>D</i>	<i>N</i>	<i>A</i>	<i>SA</i>
	<i>f %</i>	<i>f %</i>	<i>f %</i>	<i>f %</i>	<i>f %</i>
Displayed a sense of power	5 4.5	4 3.6	6 5.4	35 31.5	61 55.0
Instill pride in others for being associated with you	4 3.6	3 2.7	6 5.4	33 29.7	65 58.6
Emphasize the importance of having a collective sense of mission	0 0.0	2 1.8	0 0.0	25 22.5	84 75.7
Specify the importance of having a strong sense of purpose	0 0.0	0 0.0	3 2.7	33 29.7	75 67.6
Think about what needs to be accomplished	0 0.0	2 1.8	1 0.9	36 32.4	72 64.9
Seek different opinions from followers when solving problems	1 0.9	1 0.9	0 0.0	45 40.5	64 57.7
Getting other to look at problems from different angle	0 0.0	2 1.8	2 1.8	47 42.3	60 54.1
Encouraging non-traditional thinking	0 0.0	1 0.9	6 5.4	44 39.6	60 54.1

Re-examining the accuracy of critical assumptions	0 00	1 0.9	7 6.3	41 36.9	62 55.9
Stimulate ideas from followers by a safe environment to challenge the status quo	0 0.0	3 2.7	6 5.4	39 35.1	63 56.8
Ask the followers what they think about their commitment towards work make wise decisions.	0.0	0 0.0	6 5.4	40 36.0	65 58.6
Make wise decisions	0 0.0	0 0.0	9 8.1	31 27.9	71 64.0
Value ideas of my followers	0 0.0	1 0.9	0 0.0	34 30.6	76 68.5

This table shows item i to xiii presenting the statistics on objective two; to assess how principals' Intellectual stimulation influences students' performance at Kenya Certificate of secondary education in public schools Makueni County. As observed in table 2 the study found that principals strongly agreed that they behaved in ways that helped the teachers and student be effective and hence improved academic performance. They emphasized the importance of having a collective sense of mission. Majority (75.7 percent) of the principals Strongly Agreed that principals emphasize the importance of having a collective sense of mission while 22.5 percent Agreed. These findings indicate that the students who emulated their principals excelled in KSCE.

On the question of what needs to be accomplished, majority (64.9 percent) of the principals Agreed that they Think about what needs to be accomplished while 32.4 percent Strongly Agreed, and 1.8 percent Disagreed. The findings imply that the staff worked hard aiming to score high marks in KCSE.

In regard to whether principals make wise decisions, and on What sufficient resources they avail to the teachers, majority (64.0 percent) of the principals Strongly Agreed that they make wise decisions, while 27.9 percent Agreed.

On whether they Value ideas of followers, majority (68.5 percent) of the principals Strongly Agreed that they Value ideas of my followers while 30.6 percent Agreed. This implied that they encouraged the followers to work hard toward performance. Item (iii) on whether they have a collective sense of mission, was the highest practice with (75.7 percent), hence the reason for the performance between 2013-2017.

This was the highest practice of intellectual stimulation. The results imply that principals applied intellectual stimulation practices in their leadership hence academic performance increased.

Table 4: Teachers perception on principals use of intellectual stimulation

<i>My principal</i>	<i>SD</i>		<i>D</i>		<i>N</i>		<i>A</i>		<i>SA</i>	
	<i>f</i>	<i>%</i>	<i>f</i>	<i>%</i>	<i>f</i>	<i>%</i>	<i>f</i>	<i>%</i>	<i>f</i>	<i>%</i>
Actively involves teachers in Schools' decision making	16	2.2	54	7.5	134	18.4	243	33.3	282	38.7
Leadership is distributed among many individuals	12	1.6	54	7.4	53	7.3	282	38.7	328	45.0
Has supportive forms of administrative leadership	12	1.6	48	6.6	74	10.2	279	38.3	316	43.3
Interacts with other members of staff freely	13	1.8	51	7.0	56	7.7	256	35.1	353	48.4
Has self-managing and self-leading skills	35	4.8	15	2.1	41	5.6	287	39.4	351	48.1
Has capacity to solve problems	11	1.5	42	5.8	89	12.2	237	32.5	350	48.0
Is able to make decisions in the interest of the school	9	1.2	21	2.9	104	14.3	229	31.4	366	50.2
Stimulates ideas and creativity from teachers	12	1.6	45	6.2	106	14.5	262	35.9	304	41.7
Creates a safe environment to challenge status quo	13	1.8	53	7.3	66	9.1	296	40.6	301	41.3
Encourage teachers to be innovative and creative	12	1.6	55	7.5	50	6.9	265	36.4	347	47.6
Promotes intelligence	12	1.6	50	6.9	64	8.8	285	39.1	318	43.6
Exercises rationality	16	2.2	57	7.8	66	9.1	301	41.3	289	39.6
Handles cases with the teachers	30	4.1	39	5.3	29	4.0	311	42.7	320	43.9

Findicates frequency % stands for percent

Teachers perception on principals' intellectual stimulation showed that most of the teachers' response on the principals rated positively. Item (vii) Is able to make decisions in the interest of the school at 50.2 percent showed the highest practice. Item (iv) Interacts with other members of staff freely 48.4 percent, Item (v) Has self-managing and self-leading skills 48.1 percent. Item (vi) Has self-managing and self-leading skills 48.0 percent This practices had a lot of influence at KCSE performance especially the principals understanding on how to make decisions on the interest of the school. Out of the thirteen factors used to investigate principals' individual stimulation in schools, four of them show there is a strong significance implying that principals' individual stimulation has a positive influence on students' performance at K.C.S.E. Therefore, intellectual stimulation practice appeared to be emphasized by both the principals and teachers in order to enhance student academic performance in Makueni county. Based on the study findings, it is important to emphasize the importance of having a collective sense of mission at 75.7 percent and making decisions in the interest of the school were used by the principals to increase performance at 50.2 percent in 2013-2017 KCSE performance. Report from the MoE officials who were mostly degree holders indicated that their principals applied intellectual stimulation through supporting creativity and innovations in schools through discussions, asking questions and assisting teachers. The MoE also reported that since the principals assumed office achievement has been realized in the sense that they encouraged, rewarded, and supported teachers training.

4.4.2 Hypothesis testing

H_{03} : There is no significant relationship between principals' intellectual stimulation component and students' mean score at Kenya certificate of Secondary Education Makueni county. Correlation analysis using Pearson's product moment technique was done to determine the relationship between the indicators of principals' intellectual stimulation component and students' mean score at Kenya certificate of Secondary Education. The null hypothesis is that there is no significant relationship between principals' intellectual stimulation component and students' mean score at Kenya certificate of Secondary Education at an alpha value 0.05 level of significance.

Pearson correlation was used to test the relationship between principals' intellectual stimulation e and student academic performance at an alpha value 0.05 level of significance.

Table 4: Correlation between principals' intellectual stimulation and student mean score at KCSE

Statement	Performance		
	Pearson correlation	Sig. (2-tailed)	N
Displayed a sense of leadership	-.125	.190	111
Instil pride in others for being associated with you	-.129	.177	111
Emphasize the importance of having a collective sence of mission	-.030	.753	111
Specify the importance of having a strong sence of purpose	.056	.557	111
Think about what needs to be accomplished	.088	.356	111
Seek different opinions from followers when solving problems	.082	.389	111
Getting others to look at problems from different angles	.014	.880	111
Encouraging nontraditional thinking and suggests	.044	.647	111
Re-examining the accuracy of critical assumptions	-.074	.441	111
Stimulates ideas from followers by a safe environment to challenge the status quo	-.057	.553	111
Ask the followers what they think about their commitment towards work	-.195*	.040	111
Make wise decision	-.007	.943	111
Value ideas of my followers	.028	.771	111

The correlation results in Table 4 indicate a negative and strong significant coefficient between the indicators of principals' intellectual stimulation and students means score at K.C.S.E. The table shows principals different variations.

This implied the more principals were intellectually stimulated the more students means score at K.C.S.E improved. The indicators of principals' intellectual stimulation component include ($r = -.195$, $p\text{-value} < 0.05$) respectively. The null hypothesis states that there is no significant relationship between principals' intellectual stimulation component and students' mean score at Kenya Certificate of Secondary Education would be accepted if $p < 0.05$. The null hypothesis was rejected. Muia (2018) concurs with these findings that principals' intellectual stimulation was associated with performance where $p = 0.05$ and $r(200) = 0.198$ hence showing a high significant relationship. These findings concur with Ogola, Sikalich, and Linge (2017), who found that intellectual stimulation had a positive proportion of variance in performance. The results showed that intellectual stimulation, leadership behaviour and principals' performance in schools in Kenya had a strong and significant Pearson correlation $r(194) = .722$, $p < .000$ and a positive and significant relationship ($\beta = .722$, $t(194) = 14.444$, $p < .000$). Consequently, intellectual stimulation behavior when displayed by the principals results to high performance in schools for both teachers and students thus increasing the

means score in KCSE examination (Mbithi, 2014).

Table 5: Distribution of teachers' responses on principals' intellectual stimulation on students' K.C.S.E

ANOVA

		Sum of Squares	Df	Mean Square	F	Sig.
IS1	Between Groups	543.084	63	8.620	24.621	.000
	Within Groups	232.828	665	.350		
	Total	775.912	728			
IS2	Between Groups	459.695	63	7.297	21.881	.000
	Within Groups	221.765	665	.333		
	Total	681.460	728			
IS3	Between Groups	430.590	63	6.835	18.719	.000
	Within Groups	242.812	665	.365		
	Total	673.402	728			
IS4	Between Groups	456.291	63	7.243	20.041	.000
	Within Groups	240.326	665	.361		
	Total	696.617	728			
IS5	Between Groups	553.618	63	8.788	34.100	.000
	Within Groups	171.372	665	.258		
	Total	724.990	728			
IS6	Between Groups	508.981	63	8.079	31.871	.000
	Within Groups	168.575	665	.253		
	Total	677.556	728			
IS7	Between Groups	429.816	63	6.822	29.444	.000
	Within Groups	154.088	665	.232		
	Total	583.904	728			
IS8	Between Groups	517.149	63	8.209	31.419	.000
	Within Groups	173.740	665	.261		
	Total	690.889	728			
IS9	Between Groups	486.481	63	7.722	25.881	.000
	Within Groups	198.408	665	.298		
	Total	684.889	728			
IS10	Between Groups	485.082	63	7.700	24.541	.000
	Within Groups	208.641	665	.314		
	Total	693.723	728			
IS11	Between Groups	472.202	63	7.495	25.085	.000
	Within Groups	198.698	665	.299		
	Total	670.900	728			
IS12	Between Groups	489.491	63	7.770	22.232	.000
	Within Groups	232.405	665	.349		
	Total	721.896	728			
IS13	Between Groups	447.399	63	7.102	15.390	.000
	Within Groups	306.848	665	.461		
	Total	754.247	728			

Table 5 shows that there was a statistically significant difference between groups as determined by one-way ANOVA ($F(63,665)=34.100, p=.000$), ($F(63,665)=31.871, p=.000$) for Has self-managing and self-leading skills and Has capacity to solve problems respectively.

5. Conclusion

Transformational leadership behaviors are key and should be reflected by the principals in public secondary schools. Transformational leaders only purpose to transform their followers when they develop to practice the intellectual stimulation skills hence improve academic performance. The purpose of the study was to investigate the influence of principals of intellectual stimulation practices on student academic performance in Kenya Certificate Secondary Examination (K.C.S.E) in Makueni County, Kenya. The main reason for the study was to assess how principals' intellectual stimulation influences students' performance at K.C.S.E in Makueni.

Intellectual stimulation was seen to be the commonly used and possessed attribute by the principals in Makueni County. Intellectual stimulation attribute directly contributed to the students' academic performance in the year 2013-2017 respectively. Most of the teachers agreed that their principals made decisions in the interest of the school, interacted with other members of staff freely, self-managed and used self-leading skills to respectively to ensure that desired performance has been achieved. The indicators of principals' intellectual stimulation component include ($r=-.195, p\text{-value}<0.05$) respectively. The null hypothesis states that there is no significant relationship between principals' intellectual stimulation component and students' mean score at Kenya Certificate of Secondary Education would be accepted if $p<0.05$. The null hypothesis was rejected.

From the findings of the study on principals' intellectual stimulation and student performance at Kenya Certificate of Secondary Education in Makueni County, Kenya, the study shows that there was a statistically significant difference between groups as determined by one-way ANOVA ($F(108,2)=2.114, p=.376$), ($F(108,2)=1.905, p=.407$) for Stimulates ideas from followers by a safe environment to challenge the status quo and Instill pride in others for being associated with you respectively. The most insignificant difference registered was for Getting others to look at problems from different angles as ANOVA result show ($F(108,2)=.132, p=.999$) and ($F(108,2)=.161, p=.997$) for Think about what needs to be accomplished respectively.

6. Recommendations

From the findings of the study on principals intellectual stimulation and student performance at Kenya Certificate of Secondary Education in Makueni County, Kenya we conclude that there was a statistically significant difference between groups as determined by one-way ANOVA significant difference between groups as determined by one-way ANOVA ($F(63,665)=34.100, p=.000$), ($F(63,665)=31.871, p=.000$) for Has self-managing and self-leading skills and Has capacity to solve problems respectively. The most significant difference registered was for emphasizing the importance of having a collective sense of mission, having a strong sense of purpose and value ideas of the followers respectively.

Principals should attend academic training agencies to get the quality transformational leadership skills especially on intellectual stimulation. KEMI should embrace on more of intellectual stimulation attribute whereby their aim to emphasize the importance of having a collective sense of mission,

having a strong sense of purpose and value ideas of the followers. TSC should sponsor trainings on the teachers especially the principals on the skills outside academic phenomenon required for excellence running of school. Teacher training institutions are important avenues for equipping the teachers with such knowledge and skills important for learning not only to the teacher but also to students. the ministry of education to ensure that all the potential talents are tapped efficiently and the specific need of schools are addressed specifically to ensure that academic performance is achieved in the educational institutions. MoE can get teacher trainers from Kenya Institute of management, universities and colleges to be encouraged to offer transformational leadership skills to the teachers. Further, policies on quality leadership should be laid down giving a good foundation for the teachers' service commission to promote teachers who have exhibited such qualities.

References

- Ahmad, J., Ather, M. R., & Hussain, M. (2014). *Impact of Big Five personality traits on Job performance* (Organizational commitment as a mediator). Paper presented at the Management, Knowledge and Learning International Conference 2014, Portorož, Slovenia.
- Anjali, K., & Anand M., (2015) "Setting the stage for effective leadership: Antecedents of transformational leadership behavior". *The Leadership Quarterly*, Vol, 15, 195-210
- Bass, B. M., and Riggio, R. E. (2006). *Transformational Leadership* (2nd ed.). New Jersey, London: Lawrence Erlbaum Associates
- Bass, B. M. (1985). *Leadership and performance beyond expectation*. New York: Free Press
- Bellé, N. (2013). Leading to Make a Difference: A Field Experiment on the Performance Effects of Transformational Leadership, Perceived Social Impact, and Public Service Motivation. *Journal of Public Administration Research and Theory*, Vol 24:109–136
- Bell, Z., & Mengue, M., (2012). Transformational leadership in an acquisition: a field study of employees. *The Leadership Quarterly*, 18, 49-68
- Cohen, L., Manion, I., & Morrison, k., (2013). *Research methods in education*. New York: Routledge.
- Elkins, M., & Keller, R.T., (2013). Leadership model, methods, and application. In I.B. Weiner (Series Ed.) & W.C. Borman, D.R. Ilgen, & R. Klimoski (Vol. Eds.) *Handbook of psychology*, Vol.12; Industrial and organizational psychology (pp. 277-307). HOBOKEN, in: Wiley.
- Fryrear, A., (2015). 3 Ways to Improve Your Survey Response Rates: Typical Response Rates for Common Survey Types. <https://www.surveygizmo.com/survey-blog/surveyresponse-rates/>
- Gardner, W. L., Lowe, K. B., Moss, T. W., Mahoney, K. T., & Cogliser, C. C. (2010). Scholarly leadership of the study of leadership: A review of *The Leadership Quarterly's* second decade, 2000–2009. *The Leadership Quarterly*, 21(6):922-958.
- Hadebe, L., (2013). Transformational leadership in Government secondary schools' in School Leadership. *American International Journal of Social Science* Vol. 3, No. 6.
- KEMI (2014). *Diploma in Education Management, Transforming Education Management, Module 2, Distance Learning Course*. Nairobi, KEMI
- Kolzow, D. R., (2014). *LEADING FROM WITHIN: Building Organizational Leadership*

- Capacity. Atlanta GA: Southern Economic Development Council,
- Kothari, C. R. & Garg, G (2014) *Research Methodology: methods and techniques (3rd ed)*. New Delhi, India: New age international publishers
- Liu, P., (2013) A transformational school leadership model in Chinese urban upper secondary schools. - *International Studies in Educational Administration* . Vol. 41 (3), 73-94.
- Mbithi, A.M. (2014). *Transformational leadership organizational characteristics, employee outcomes, leader-member relations and performance of universities in Kenya*: Published PhD Thesis, University of Nairobi.
- Muia, P. N. (2018). Influence of Principals' transformational leadership practices on academic performance in Kenya certificate of secondary education in Mbooni West sub- county, Kenya. An unpublished PhD Thesis, University of Nairobi.
- Ministry of Education (2018). Provincial Director of Education, Analyzed KCSE Results 2013-2017).
- Mojgan, A., Kamariah, A.B., & Seedah, S, S. (2012). Factors affecting the transformational leadership role of principals' in implementing ICT in schools. The Turkish online *Journal of Educational Technology*, Vol. 11, (4).
- Ndiritu, A. W. (2012). *Effect of principals' transformational leadership characteristics on students' academic performance in secondary schools in Nairobi County, Kenya*: Nairobi, Kenya. UON.
- Northouse, P. (2016). *Leadership: Theory and Practice*. Los Angeles: Sage Publications, Inc.
- Ogola, M. G., Sikalich, D., and Linge, T. K., (2017). Influence of Intellectual Stimulation Leadership Behaviour on Employee Performance in SMEs in Kenya. *International Journal of Business and Social Science* Vol. 8, No. 3.
- O'Leary, Z. (2014). *The essential guide to doing your research project* (2nd ed.). London: SAGE.
- Osebgo, I. E. & Ifeakor, A. C. (2011). *Psychological measurement and evaluation in education: issues and applications*. Onitsha: Fomech Printing and Publishing Co. Ltd.
- Robinson. V.M., Llyod, C.A., & Rowe, k.j., (2008). The impact of leadership on school outcomes: An analysis of different effects of leadership types. *Educational Administration Quarterly*, 44 (5), 635-674.
- Saxe, D. (2011). Relationship between transformational leadership and emotional and social competence of the school leader. Dissertation paper 63. [Http://ecommons.lu.edu/lu-diss/63](http://ecommons.lu.edu/lu-diss/63)
- Sundi, K., (2013). Effects of transformational leadership and transactional leadership on employee performance of Konawe education department at southeast Sulawest. *International Journal of Business and Management Invention*.
- Tims, M., Bakker, A. B., & Xanthopoulou, D. (2011). Do transformational leaders enhance their followers' daily work engagement? *The Leadership Quarterly*. Vol. 22, 121-131.
- Warrilow, S. (2012). Transformational Leadership Theory -The 4 Key Components in Leading Change & Managing Change. Retrieved September 29, 2015, from http://EzineArticles.com/?expert=Stephen_Warrilow.